

Services

Services Provided

Newport Physical Therapy offers physical therapy, and fitness training (Pilates, personal training, functional training and performance, yoga, and CoreAlign). Nobody knows your body better than you. That is why we engage in a collaborative care approach, where we work together to meet your rehabilitation goals.

Our primary mission is to provide you effective and high-quality physical therapy treatment and fitness training. No matter the type of physical limitations you are experiencing, our goal is to reduce your discomfort and enhance your overall physical function. We treat conditions related to trauma, physical conditions, chronic disease, and sports injuries.

Through our commitment to continuing education, you can trust that the services we provide are the newest and most advanced treatments available.









Services Include:

- Individualized Prescriptive Exercise
- Blood Flow Restriction (BFR) Therapy
- Manual Therapy
- Pilates Rehabilitation
- CoreAlign
- Orthopedic and Sport Physical Therapy
- Massage Therapy
- Injury Prevention and Ergonomics
- ART
- Cupping
- FMS/SFMA
- Cold Laser
- AlterG Anti-Gravity Treadmill
- TeleHealth
- Custom Home Exercise Design

We treat the following conditions:

- Arthritis
- Neck Pain/Whiplash
- Back Pain/Sciatica
- Carpal Tunnel
- Shoulder/Elbow/Hand Therapy
- Muscular Pain
- Sports Related Injuries
- Work Related Injuries
- Tendonitis
- Knee/Hip/Ankle pain
- Headaches/TMJ
- Post-Surgical Rehabilitation